

## ASNAC 2026 - DAY 1 (SATURDAY - 28<sup>TH</sup> FEBRUARY 2026)

TIME	PROGRAMME	SPEAKER
07:30AM - 08:00AM	REGISTRATION	
	SYMPOSIUM 1	
08:00AM - 08:30AM	MOVEMENT DISORDERS SYMPOSIUM	PROF. ASHA KISHORE
08:30AM - 09:00AM		AUTOIMMUNE CHALLENGES: EXPLORING THE SPECTRUM OF MOVEMENT DISORDERS
09:00AM - 09:30AM		PROF. SAJU JACOB
09:30AM - 10:00AM	PLENARY 1	RARE MOVEMENT DISORDERS - VIDEO ASSISTED DIAGNOSIS
		PROF. PRAMOD PAL
10:00AM - 10:30AM	PLENARY 2	CLINICAL ASPECTS OF MULTIPLE SCLEROSIS: FOCUSING ON PRACTICAL IMPLICATIONS AND PATIENT MANAGEMENT STRATEGIES
		PROF. NEIL ROBERTSON
10:30AM - 11:00AM		STRATEGIES TO REDUCE GLOBAL BURDEN OF STROKE
		PROF. JEYARAJ PANDIAN
11:00AM - 11:20AM	STROKE SYMPOSIUM	TEA BREAK
11:20AM - 11:40AM		BLOOD PRESSURE MANAGEMENT IN STROKE PREVENTION: A REVIEW OF RECENT FINDINGS
11:40AM - 12:00PM		PROF. CRAIG ANDERSON
12:00PM - 12:10PM		ANTICOAGULATION AFTER STROKE: WHEN TO START
12:10PM - 12:40PM	PLENARY 3	NUTS AND BOLTS OF DEVELOPING A STROKE CLINICAL TRIAL NETWORK
		PROF. JEYARAJ PANDIAN
12:40PM - 01:10PM	PLENARY 4	DISCUSSION
		PROF. MARY REILLY
01:10PM - 02:10PM		INHERITED NEUROPATHIES - FROM GENE TO TREATMENT
		PROF. SHEFFALI GULATI
02:10PM - 02:30PM	NEURO THERAPEUTIC SYMPOSIUM	BEYOND THE SPECTRUM: UNDERSTANDING AUTISM MIMICS ACROSS THE LIFESPAN
02:30PM - 02:50PM		PROF. MARTIN TURNER
02:50PM - 03:10PM		NEW FRONTIERS AND HOPE IN MOTOR NEURONE DISEASE
03:10PM - 03:20PM		PROF. NEIL ROBERTSON
03:20PM - 03:50PM	PLENARY 5	NEUROLOGIC UPDATES IN MULTIPLE SCLEROSIS
03:50PM - 04:20PM	PLENARY 6	NEW ERA OF MIGRAINE MANAGEMENT: INNOVATIONS AND INSIGHTS
04:20PM - 04:50PM	PLENARY 7	DISCUSSION
04:50PM - 05:20PM		COGNITIVE IMPAIRMENT AND EPILEPSY
		PROF. MATTHEW WALKER
05:20PM - 05:50PM		CHALLENGING CASE-BASED DISCUSSIONS IN CENTRAL NERVOUS SYSTEM INFECTIONS
05:50PM - 06:20PM		DR VIKRAM HILLA
06:20PM - 06:50PM		STATUS EPILEPTICUS
06:50PM - 07:20PM		DR SANJEEV RAJAKULENDRAN
07:20PM - 07:50PM		TEA

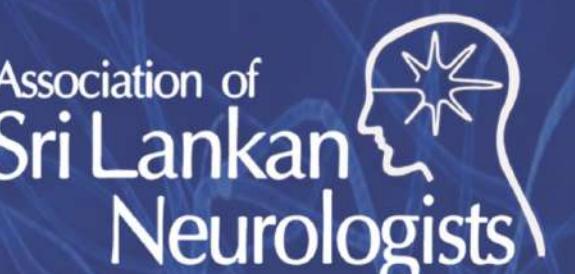
## ASNAC 2026 - DAY 2 (SUNDAY - 01<sup>ST</sup> MARCH 2026)

TIME	PROGRAMME	SPEAKER
07:00AM - 07:30AM	REGISTRATION	
07:30AM - 08:30AM	ORAL PRESENTATIONS	
	SYMPOSIUM 4	
08:30AM - 08:50AM	HEADACHE SYMPOSIUM	A RATIONAL APPROACH TO MIGRAINE: DIAGNOSIS AND MANAGEMENT
08:50AM - 09:10AM		PROF. TISSA WIJERATNE
09:10AM - 09:30AM		NEURO-OCULAR MANIFESTATIONS OF HEADACHES
09:30AM - 09:40AM		DR RASHMIN GANDHI
09:40AM - 10:10AM	PLENARY 8	BURNING VERTEX: A NOVEL UNCLASSIFIED HEADACHE
10:10AM - 10:40AM	PLENARY 9	DISCUSSION
10:40AM - 11:10AM		EARLY ONSET PARKINSON'S DISEASE
		PROF. PRAMOD PAL
11:10AM - 11:40AM	PLENARY 9	VALUE OF NEUROIMAGING IN THE ACCURACY OF NEURODIAGNOSIS: CHALLENGING CASE-BASED DISCUSSION
11:40AM - 12:10PM		PROF. AJAY GARG
12:10PM - 12:40PM		TEA BREAK
12:40PM - 13:10PM	SYMPHOZIUM 5	
13:10AM - 13:40PM	EPILEPSY SYMPOSIUM	PAEDIATRIC SPECTRUM OF INTRACTABLE EPILEPSIES
13:40AM - 14:10PM		PROF. JITHANGI WANIGASINGHE
14:10AM - 14:40PM		NON-SURGICAL MANAGEMENT OF INTRACTABLE EPILEPSY
14:40AM - 15:10PM		PROF. MATTHEW WALKER
15:10AM - 15:40PM		NEUROSURGICAL MANAGEMENT OF INTRACTABLE SEIZURES: BASED ON SRI LANKAN EXPERIENCE
15:40AM - 16:10PM		DR SUNIL PERERA
16:10PM - 16:40PM		DISCUSSION
16:40PM - 17:10PM	PLENARY 10	OPTIMISING OUTCOMES: CONTINUOUS VS ADAPTIVE STIMULATION IN DEEP BRAIN STIMULATION FOR PARKINSON'S DISEASE
17:10PM - 17:40PM	PLENARY 11	THE QUANTUM MIND IN THE CLINIC: HOW NEUROLOGICAL DISORDERS REVEAL A NON-CLASSICAL ARCHITECTURE OF COGNITION
17:40PM - 18:10PM		PROF. PRAMOD PAL
18:10PM - 18:40PM		LUNCH
18:40PM - 19:10PM	SYMPHOZIUM 6	
19:10AM - 19:40PM	NEURO OPHTHALMOLOGY SYMPOSIUM	NEURO-OPTHALMOLOGY EMERGENCIES: EARLY DETECTION THROUGH CLINICO-RADIOLOGY
19:40AM - 20:10PM		DR YU WAI YUNG
20:10AM - 20:40PM		UPDATES ON DIAGNOSIS AND MANAGEMENT OF OPTIC NEURITIS
20:40AM - 21:10PM		DR BIMSARA SENANAYAKE
21:10AM - 21:40PM		BENIGN VS MALIGNANT NYSTAGMUS: IMPLICATIONS FOR DIAGNOSIS AND TREATMENT
21:40AM - 22:10PM		PROF. T. UMAPATHI
22:10PM - 22:40PM	PLENARY 12	DISCUSSION
22:40PM - 23:10PM		EXPLORING THE INTRIGUING DIFFERENTIAL DIAGNOSIS OF MOTOR MOVEMENTS DURING SLEEP
23:10PM - 23:40PM		PROF. MANJARI TRIPATHI
23:40PM - 24:10PM		TEA
24:10PM - 24:40PM		NEUROLOGY QUIZ
24:40PM - 25:10PM		DR AT ALIBHOY
25:10PM - 25:40PM		PRIZE GIVING

## ASNAC 2026

COLOMBO - SRI LANKA

INTEGRATED NEUROLOGY FOR TRANSFORMATIVE OUTCOMES



Association of Sri Lankan Neurologists  
19<sup>th</sup> Annual Congress  
26<sup>th</sup> February - 3<sup>rd</sup> March 2026



# ASNAC 2026

COLOMBO - SRI LANKA

## INTEGRATED NEUROLOGY FOR TRANSFORMATIVE OUTCOMES

### ASNAC 2026 : POST CONGRESS WORKSHOP - SLEEP NEUROLOGY (MONDAY - 02<sup>ND</sup> MARCH 2026)

TIME	PROGRAMME	SPEAKER
09:00AM - 09:10AM	WELCOME ADDRESS	DR AJANTHA KESHAVARAJ
09:10AM - 09:20AM	INTRODUCTION	DR BIMSARA SENANAYAKE
09:20AM - 09:30AM	OVERVIEW OF THE WORKSHOP AND INTRODUCTION TO THE SPEAKERS	DR AJANTHA KESHAVARAJ
09:30AM - 09:50AM	UNDERSTANDING SLEEP PHYSIOLOGY AND SLEEP WAVES IN EEG	DR SHANIA GUNASEKERA
09:50AM - 10:20AM	SLEEP DISORDERS IN CLINICAL PRACTICE	PROF. MANJARI TRIPATHI
10:20AM - 10:50AM	ELECTROPHYSIOLOGICAL STUDIES IN SLEEP DISORDERS	PROF. SAPNA ERAT SREEDHARAN
10:50AM - 11:10AM	TEA BREAK	
11:10AM - 11:40AM	INTERACTION BETWEEN SLEEP AND EPILEPSY	PROF. MATTHEW WALKER
11:40AM - 12:00PM	PRAGMATIC APPROACH TO PATIENTS WITH DAYTIME HYPERSONNOLENCE	DR JANAKA WAIDYASEKARA
12:00PM - 12:30PM	MIND PICKING CASES OF SLEEP NEUROLOGY	PROF. SAPNA ERAT SREEDHARAN
12:30PM - 01:00PM	CASE BASED DISCUSSION (THREE CHALLENGING CASES)	PROF. MATTHEW WALKER
01:00PM - 01:10PM	CLOSING REMARKS	
01:10PM - 02:10PM	LUNCH	

### POST CONGRESS WORKSHOP (DAY 2) : SPINAL CORD INJURY (TUESDAY - 03<sup>RD</sup> MARCH 2026) (MEDICAL AND ALLIED HEALTH PROFESSIONALS)

TIME	PROGRAMME	SPEAKER
08:30AM - 09:00AM	REGISTRATION	
09:00AM - 09:45AM	MEDICAL CAUSES OF SPINAL CORD INJURY: RED FLAGS, RECOVERY PATTERNS AND REHABILITATION CONSIDERATIONS	DR ARJUNA FERNANDO
09:45AM - 10:30AM	OVERVIEW OF SPINAL CORD INJURY REHABILITATION	DR CHAMARA JAYATHUNGA
10:30AM - 10:45AM	TEA BREAK	
10:45AM - 11:15AM	NURSE'S ROLE IN MANAGING A PATIENT WITH SPINAL CORD INJURY	MR M.A.D. GEETH AMARASINGHE
11:15AM - 11:45AM	PHYSIOTHERAPIST'S ROLE IN MANAGING A PATIENT WITH SPINAL CORD INJURY	MS LAKSHMIKA NISHADINI
11:45AM - 12:15PM	OCCUPATIONAL THERAPIST'S ROLE IN MANAGING A PATIENT WITH SPINAL CORD INJURY	MR SACHITHRA MUDUNKOTHE
12:15PM - 01:00PM	LUNCH	
01:00PM - 03:00PM	HANDS-ON MDT GROUP ACTIVITY ON PATIENT ASSESSMENT, SMART GOAL SETTING AND PLANNING THERAPY INTERVENTIONS	

## ASNAC 2026

COLOMBO - SRI LANKA

INTEGRATED NEUROLOGY FOR TRANSFORMATIVE OUTCOMES

## PRECONGRESS WORKSHOP - NEUROMUSCULAR DISORDERS (THURSDAY - 26<sup>TH</sup> FEBRUARY 2026)

TIME	PROGRAMME	SPEAKER
<b>INTERACTIVE TEACHING COURSE WITH LIVE DEMONSTRATIONS</b>		
09:00AM - 09:15AM	WELCOME & OPENING REMARKS	DR AJANTHA KESHAVARAJ PRESIDENT - ASN
09:15AM - 09:45AM	BACK TO BASICS: CORE ELECTROPHYSIOLOGY PATTERNS EVERY CLINICIAN SHOULD KNOW	PROF. USHA KANT MISRA
09:45AM - 10:15AM	APPROACH TO PERIPHERAL NEUROPATHY IN THE CLINIC	PROF. MARY REILLY
10:15AM - 10:45AM	DEMYELINATING, AXONAL NEUROPATHIES AND CONDUCTION BLOCKS: HOW NCS GUIDES DIAGNOSIS	PROF. T. UMAPATHI
10:45AM - 11:00AM	TEA BREAK	
11:00AM - 11:20AM	FROM HOPELESS TO TREATABLE MUSCLE WEAKNESS: DIAGNOSTIC PITFALLS AND LESSONS	PROF. THASHI CHANG
11:20AM - 11:40AM	REPETITIVE NERVE STIMULATION AND SFEMG TO DETECT MYASTHENIA GRAVIS AND LAMBERT-EATON SYNDROME: TECHNIQUES (VIDEO ASSISTED CASE-BASED DEMONSTRATION)	PROF. USHA KANT MISRA
11:40AM - 12:00PM	MYASTHENIC CRISIS: DIAGNOSIS AND A NEW ERA IN MANAGEMENT	PROF. SAJU JACOB
12:00PM - 12:30PM	PERIPHERAL NERVE BIOPSIES: BASICS, ADVANCED NEUROPATHOLOGY AND ITS CLINICAL IMPLICATIONS	PROF. ANITA MAHADEVAN
12:30PM - 01:00PM	INTERESTING CASES INTERPRETATION	PROF. USHA KANT MISRA
01:00PM - 01:30PM	LUNCH	
NEUROPHYSIOLOGY WORKSHOP - CASE-BASED REVIEW: "WHAT WOULD YOU DO?" (LIVE DEMONSTRATION)		
01:30PM - 02:00PM	CASE 01 - COMMON ENTRAPMENTS	FACILITATORS PROF. USHA KANT MISRA PROF. T. UMAPATHI
02:00PM - 02:30PM	CASE 02 - COMMON ENTRAPMENTS	DR SHANAKA MOHOTTI
02:30PM - 03:00PM	CASE 03 - DIFFICULT UNDIAGNOSED CASE	
03:00PM - 03:30PM	CASE 04 - DIFFICULT UNDIAGNOSED CASE	
03:30PM - 04:00PM	TEA	
04:00PM - 04:30PM	MASTERING NEEDLE EMG FROM NORMAL TO ACUTE FLACCID WEAKNESS	PROF. USHA KANT MISRA</