

ASNAC 2026 - DAY 1 (SATURDAY - 28 TH FEBRUARY 2026)				
TIME	PROGRAMME		SPEAKER	
07:30AM - 08:00AM REGISTRATION				
SYMPOSIUM 1				
08:00AM - 08:30AM	MOVEMENT DISORDERS SYMPOSIUM	VIDEO INTERPRETATION OF COMMON MOVEMENT DISORDERS	PROF. ASHA KISHORE	
08:30AM - 09:00AM		AUTOIMMUNE CHALLENGES: EXPLORING THE SPECTRUM OF MOVEMENT DISORDERS	PROF. SAJU JACOB	
09:00AM - 09:30AM		RARE MOVEMENT DISORDERS - VIDEO ASSISTED DIAGNOSIS	PROF. PRAMOD PAL	
09:30AM - 10:00AM	PLENARY 1	CLINICAL ASPECTS OF MULTIPLE SCLEROSIS: FOCUSING ON PRACTICAL IMPLICATIONS AND PATIENT MANAGEMENT STRATEGIES	PROF. NEIL ROBERTSON	
10:00AM - 10:30AM	PLENARY 2	STRATEGIES TO REDUCE GLOBAL BURDEN OF STROKE	PROF. JEVARAJ PANDIAN	
10:30AM - 11:00AM TEA BREAK				
SYMPOSIUM 2				
11:00AM - 11:20AM	STROKE SYMPOSIUM	BLOOD PRESSURE MANAGEMENT IN STROKE PREVENTION: A REVIEW OF RECENT FINDINGS	PROF. CRAIG ANDERSON	
11:20AM - 11:40AM		ANTICOAGULATION AFTER STROKE: WHEN TO START	PROF. URS FISCHER	
11:40AM - 12:00PM		NUTS AND BOLTS OF DEVELOPING A STROKE CLINICAL TRIAL NETWORK	PROF. JEVARAJ PANDIAN	
12:00PM - 12:10PM	PLENARY 3	DISCUSSION		
12:10PM - 12:40PM		INHERITED NEUROPATHIES - FROM GENE TO TREATMENT	PROF. MARY REILLY	
12:40PM - 01:10PM		BEYOND THE SPECTRUM: UNDERSTANDING AUTISM MIMICS ACROSS THE LIFESPAN	PROF. SHEFFALI GULATI	
01:10PM - 02:10PM LUNCH				
SYMPOSIUM 3				
02:10PM - 02:30PM	NEURO THERAPEUTIC SYMPOSIUM	NEW FRONTIERS AND HOPE IN MOTOR NEURONE DISEASE	PROF. MARTIN TURNER	
02:30PM - 02:50PM		THERAPEUTIC UPDATES IN MULTIPLE SCLEROSIS	PROF. NEIL ROBERTSON	
02:50PM - 03:10PM		NEW ERA OF MIGRAINE MANAGEMENT : INNOVATIONS AND INSIGHTS	PROF. STEWART TEPPER	
03:10PM - 03:20PM	PLENARY 5	DISCUSSION		
03:20PM - 03:50PM		COGNITIVE IMPAIRMENT AND EPILEPSY	PROF. MATTHEW WALKER	
03:50PM - 04:20PM		CHALLENGING CASE-BASED DISCUSSIONS IN CENTRAL NERVOUS SYSTEM INFECTIONS	DR VIKRAM HOLLA	
04:20PM - 04:50PM	PLENARY 7	STATUS EPILEPTICUS	DR SANJEEV RAJAKULENDRAN	
04:50PM - 05:20PM TEA				
ASNAC 2026 - DAY 2 (SUNDAY - 01 ST MARCH 2026)				
TIME	PROGRAMME		SPEAKER	
07:00AM - 07:30AM REGISTRATION				
07:30AM - 08:30AM ORAL PRESENTATIONS				
SYMPOSIUM 4				
08:30AM - 08:50AM	HEADACHE SYMPOSIUM	A RATIONAL APPROACH TO MIGRAINE: DIAGNOSIS AND MANAGEMENT	PROF. TISSA WIJERATNE	
08:50AM - 09:10AM		NEURO-OCULAR MANIFESTATIONS OF HEADACHES	DR RASHMIN GANDHI	
09:10AM - 09:30AM		BURNING VERTEX : A NOVEL UNCLASSIFIED HEADACHE	DR PRAVIN THOMAS	
09:30AM - 09:40AM	PLENARY 8	DISCUSSION		
09:40AM - 10:10AM		EARLY ONSET PARKINSON'S DISEASE	PROF. PRAMOD PAL	
10:10AM - 10:40AM		VALUE OF NEUROIMAGING IN THE ACCURACY OF NEURODIAGNOSIS: CHALLENGING CASE-BASED DISCUSSION	PROF. AJAY GARG	
10:40AM - 11:10AM TEA BREAK				
SYMPOSIUM 5				
11:10AM - 11:30AM	EPILEPSY SYMPOSIUM	PAEDIATRIC SPECTRUM OF INTRACTABLE EPILEPSIES	PROF. JITHANGI WANIGASINGHE	
11:30AM - 11:50AM		NON-SURGICAL MANAGEMENT OF INTRACTABLE EPILEPSY	PROF. MATTHEW WALKER	
11:50AM - 12:10PM		NEUROSURGICAL MANAGEMENT OF INTRACTABLE SEIZURES: BASED ON SRI LANKAN EXPERIENCE	DR SUNIL PERERA	
12:10PM - 12:20PM	PLENARY 10	DISCUSSION		
12:20PM - 12:50PM		OPTIMISING OUTCOMES: CONTINUOUS VS ADAPTIVE STIMULATION IN DEEP BRAIN STIMULATION FOR PARKINSON'S DISEASE	PROF. ASHA KISHORE	
12:50PM - 01:20PM		THE QUANTUM MIND IN THE CLINIC: HOW NEUROLOGICAL DISORDERS REVEAL A NON-CLASSICAL ARCHITECTURE OF COGNITION	DR PRAVIN THOMAS	
01:20PM - 02:20PM LUNCH				
SYMPOSIUM 6				
02:20PM - 02:40PM	NEURO OPHTHALMOLOGY SYMPOSIUM	NEURO-OPHTHALMOLOGY EMERGENCIES: EARLY DETECTION THROUGH CLINICO-RADIOLOGY	DR YU WAI YUNG	
02:40PM - 03:00PM		UPDATES ON DIAGNOSIS AND MANAGEMENT OF OPTIC NEURITIS	DR BIMSARA SENANAYAKE	
03:00PM - 03:20PM		BENIGN VS MALIGNANT NYSTAGMUS: IMPLICATIONS FOR DIAGNOSIS AND TREATMENT	PROF. T. UMAPATHI	
03:20PM - 03:30PM	PLENARY 12	DISCUSSION		
03:30PM - 04:00PM		EXPLORING THE INTRIGUING DIFFERENTIAL DIAGNOSIS OF MOTOR MOVEMENTS DURING SLEEP	PROF. MANJARI TRIPATHI	
04:00PM - 04:30PM TEA				
04:30PM - 05:30PM	NEUROLOGY QUIZ		DR A T ALIBHOY	
05:30 PM PRIZE GIVING				
<div>ASNAC 2026</div> <div>COLOMBO - SRI LANKA</div> <div>INTEGRATED NEUROLOGY FOR TRANSFORMATIVE OUTCOMES</div>				

Association of
Sri Lankan
Neurologists

Association of Sri Lankan Neurologists
19th Annual Congress
26th February - 3rd March 2026



ASNAC 2026
COLOMBO - SRI LANKA

INTEGRATED NEUROLOGY FOR TRANSFORMATIVE OUTCOMES

ASNAC 2026 : POST CONGRESS WORKSHOP - SLEEP NEUROLOGY (MONDAY - 02ND MARCH 2026)

TIME	PROGRAMME	SPEAKER
09:00AM - 09:10AM	WELCOME ADDRESS	DR AJANTHA KESHAVARAJ 
09:10AM - 09:20AM	INTRODUCTION	DR BIMSARA SENANAYAKE 
09:20AM - 09:30AM	OVERVIEW OF THE WORKSHOP AND INTRODUCTION TO THE SPEAKERS	DR AJANTHA KESHAVARAJ 
09:30AM - 09:50AM	UNDERSTANDING SLEEP PHYSIOLOGY AND SLEEP WAVES IN EEG	DR SHANIA GUNASEKERA 
09:50AM - 10:20AM	SLEEP DISORDERS IN CLINICAL PRACTICE	PROF. MANJARI TRIPATHI 
10:20AM - 10:50AM	ELECTROPHYSIOLOGICAL STUDIES IN SLEEP DISORDERS	PROF. SAPNA ERAT SREEDHARAN 
10:50AM - 11:10AM	TEA BREAK	
11:10AM - 11:40AM	INTERACTION BETWEEN SLEEP AND EPILEPSY	PROF. MATTHEW WALKER 
11:40AM - 12:00PM	PRAGMATIC APPROACH TO PATIENTS WITH DAYTIME HYPERSOMNOLENCE	DR JANAKA WAIYASEKARA 
12:00PM - 12:30PM	MIND PICKING CASES OF SLEEP NEUROLOGY	PROF. SAPNA ERAT SREEDHARAN 
12:30PM - 01:00PM	CASE BASED DISCUSSION (THREE CHALLENGING CASES)	PROF. MATTHEW WALKER 
01:00PM - 01:10PM	CLOSING REMARKS	
01:10PM - 02:10PM	LUNCH	

POST CONGRESS WORKSHOP (DAY 2) : SPINAL CORD INJURY (TUESDAY - 03RD MARCH 2026)
(MEDICAL AND ALLIED HEALTH PROFESSIONALS)

TIME	PROGRAMME	SPEAKER
08:30AM - 09:00AM	REGISTRATION	
09:00AM - 09:45AM	MEDICAL CAUSES OF SPINAL CORD INJURY: RED FLAGS, RECOVERY PATTERNS AND REHABILITATION CONSIDERATIONS	DR ARJUNA FERNANDO 
09:45AM - 10:30AM	OVERVIEW OF SPINAL CORD INJURY REHABILITATION	DR CHAMARA JAYATHUNGA 
10:30AM - 10:45AM	TEA BREAK	
10:45AM - 11:15AM	NURSE'S ROLE IN MANAGING A PATIENT WITH SPINAL CORD INJURY	MR M.A.D. GEETH AMARASINGHE 
11:15AM - 11:45AM	PHYSIOTHERAPIST'S ROLE IN MANAGING A PATIENT WITH SPINAL CORD INJURY	MS LAKSHIKA NISHADINI 
11:45AM - 12:15PM	OCCUPATIONAL THERAPIST'S ROLE IN MANAGING A PATIENT WITH SPINAL CORD INJURY	MR SACHITHRA MUDUNKOTHE 
12:15PM - 01:00PM	LUNCH	
01:00PM - 03:00PM	HANDS-ON MDT GROUP ACTIVITY ON PATIENT ASSESSMENT, SMART GOAL SETTING AND PLANNING THERAPY INTERVENTIONS	

ASNAC 2026
COLOMBO - SRI LANKA
INTEGRATED NEUROLOGY FOR TRANSFORMATIVE OUTCOMES

PRECONGRESS WORKSHOP - NEUROMUSCULAR DISORDERS (THURSDAY - 26TH FEBRUARY 2026)

TIME	PROGRAMME	SPEAKER
INTERACTIVE TEACHING COURSE WITH LIVE DEMONSTRATIONS		
09:00AM - 09:15AM	WELCOME & OPENING REMARKS	DR AJANTHA KESHAVARAJ PRESIDENT - ASN 
09:15AM - 09:45AM	BACK TO BASICS: CORE ELECTROPHYSIOLOGY PATTERNS EVERY CLINICIAN SHOULD KNOW	PROF. USHA KANT MISRA 
09:45AM - 10:15AM	APPROACH TO PERIPHERAL NEUROPATHY IN THE CLINIC	PROF. MARY REILLY 
10:15AM - 10:45AM	DEMYELINATING, AXONAL NEUROPATHIES AND CONDUCTION BLOCKS: HOW NCS GUIDES DIAGNOSIS	PROF. T. UMAPATHI 
10:45AM - 11:00AM	TEA BREAK	
11:00AM - 11:20AM	FROM HOPELESS TO TREATABLE MUSCLE WEAKNESS: DIAGNOSTIC PITFALLS AND LESSONS	PROF. THASHI CHANG 
11:20AM - 11:40AM	REPETITIVE NERVE STIMULATION AND SFEMG TO DETECT MYASTHENIA GRAVIS AND LAMBERT-EATON SYNDROME: TECHNIQUES (VIDEO ASSISTED CASE-BASED DEMONSTRATION)	PROF. USHA KANT MISRA 
11:40AM - 12:00PM	MYASTHENIC CRISIS: DIAGNOSIS AND A NEW ERA IN MANAGEMENT	PROF. SAJU JACOB 
12:00PM - 12:30PM	PERIPHERAL NERVE BIOPSIES: BASICS, ADVANCED NEUROPATHOLOGY AND ITS CLINICAL IMPLICATIONS	PROF. ANITA MAHADEVAN 
12:30PM - 01:00PM	INTERESTING CASES INTERPRETATION	PROF. USHA KANT MISRA 
01:00PM - 01:30PM	LUNCH	
NEUROPHYSIOLOGY WORKSHOP - CASE-BASED REVIEW: "WHAT WOULD YOU DO?" (LIVE DEMONSTRATION)		
01:30PM - 02:00PM	CASE 01 - COMMON ENTRAPMENTS	FACILITATORS PROF. USHA KANT MISRA PROF. T. UMAPATHI DR SHANAKA MOHOTTI
02:00PM - 02:30PM	CASE 02 - COMMON ENTRAPMENTS	
02:30PM - 03:00PM	CASE 03 - DIFFICULT UNDIAGNOSED CASE	
03:00PM - 03:30PM	CASE 04 - DIFFICULT UNDIAGNOSED CASE	
03:30PM - 04:00PM	TEA	
04:00PM - 04:30PM	MASTERING NEEDLE EMG FROM NORMAL TO ACUTE FLACCID WEAKNESS	PROF. USHA KANT MISRA 
04:30PM - 05:00PM	SINGLE FIBRE EMG IN SNAKE ENVENOMING AND ORGANOPHOSPHORUS POISONING	PROF. MIKE SEDGWICK 

PRECONGRESS WORKSHOP - NEUROMUSCULAR DISORDERS (FRIDAY - 27TH FEBRUARY 2026)

TIME	PROGRAMME	SPEAKER
08:30AM - 09:00AM	MOTOR UNIT ANALYSIS	PROF. T. UMAPATHI 
09:00AM - 09:30AM	MIND IS NOT A DIAGNOSIS OF EXCLUSION	PROF. MARTIN TURNER 
09:30AM - 10:00AM	SPINAL MUSCULAR ATROPHY: UPDATE ON DIAGNOSIS AND MANAGEMENT	PROF. SHEFFALI GULATI 
10:00AM - 10:30AM	MUSCLE BIOPSY IN MOTION: CASE INTERPRETATIONS AND INSIGHTS	PROF. ANITA MAHADEVAN 
10:30AM - 11:00AM	TEA BREAK	
11:00AM - 11:30AM	INTERACTIVE CASE-BASED DISCUSSION	PROF. MARY REILLY 
EMG WORKSHOP (LIVE DEMONSTRATION)		
11:30AM - 12:00PM	CASE 01 - DIFFICULT UNDIAGNOSED CASE	FACILITATORS PROF. T. UMAPATHI DR SHANAKA MOHOTTI
12:00PM - 12:30PM	CASE 02 - DIFFICULT UNDIAGNOSED CASE	
12:30PM - 01:00PM	CASE 03 - DIFFICULT UNDIAGNOSED CASE	
01:00PM - 01:30PM	LUNCH	

ASNAC 2026
COLOMBO - SRI LANKA
INTEGRATED NEUROLOGY FOR TRANSFORMATIVE OUTCOMES



REGISTRATION IS NOW OPEN
<https://conference.asn.lk/registration/>
ASN Office +94112 687787, +94768 709587
Email asnac@asn.lk



SRILANKA

ASNAC 2026
COLOMBO - SRI LANKA